

# NJ Department of Labor Unemployment Portal Tips

The Department of Labor created a new web portal that allows New Jersey residents to contact the Department of Labor directly. This is a helpful tool for residents who have questions about their applications. To submit a message, residents must go to [www.myunemployment.nj.gov](http://www.myunemployment.nj.gov) and follow the instructions below:

- On the top navigation, scroll to the right for “Need Help” and unveil the drop down menu
- Choose Send an Email
- Choose **Email:** [Submit a message through our new online form.](#)
- Follow the prompts

The image displays three sequential screenshots of the NJ Unemployment Insurance Contact Us Form. The first screenshot shows the initial form with the NJ Unemployment Insurance logo and the title "NJ Unemployment Insurance Contact Us Form". Below the title, there is a section for "Unemployment Customer Information" with four required fields: "1. First Name", "2. Last Name", "3. What is your e-mail address?", and "4. What is your mailing address?". The second screenshot shows the "Unemployment Claim Issue" section, which includes a dropdown menu for "Unemployment Claim Status" and a text area for "9. Briefly describe the issue you having below:". The third screenshot shows the final confirmation page with a checkmark icon and the text "Thanks! Thank you for contacting the New Jersey Department of Labor's Division of Unemployment Insurance. Please review your email inbox for information and resources regarding your area of concern. We appreciate your patience with us as we work to assist all of our customers." and a link to "Submit another response".